



# Eastern Multicultural News

A.B.N. 27 084 251 669

EDITION 159 – October 2016

## MIC NEWS

### **MIC Fundraiser Final Reminder Premier Screening of “The Baulkham Hills African Ladies Troupe”**

Tickets are still available for the Migrant Information Centre movie fundraiser for a special screening of The Baulkham Hills African Ladies Troupe which will be held on Sunday 9<sup>th</sup> October at 4:30pm at Cinema Nova, 380 Lygon Street, Carlton. The screening includes a special Q & A with Director Ros Horin and members of the ‘Troupe’.

*The Baulkham Hills African Ladies Troupe* follows the story of four charismatic and inspirational African women, now living in Australia, who, with the help of acclaimed theatre director Ros Horin, turned their harrowing stories of survival into a joyous theatre of humanity that has filled theatres from across their new country to the other side of the world.

Tickets are \$25, with 100% of all money raised going towards assisting newly arrived refugees residing in the eastern suburbs of Melbourne.

Find out more about the film and the women behind it at [www.africanladiestroupe.com](http://www.africanladiestroupe.com). For bookings or further information, visit [www.trybooking.com/225518](http://www.trybooking.com/225518) or call Sue or Sophie on 9285 4888.



### **MIC Board Vacancies**

The Migrant Information Centre (Eastern Melbourne) (MIC) is seeking applications from people who are interested in volunteering to serve on our Board. The positions will commence in April 2017 for a three year term.

The MIC is a not for profit company that primarily provides services to support people from culturally and linguistically diverse backgrounds living in the Eastern Region of Melbourne. Services provided include settlement casework for newly arrived refugees and family stream migrants with low English proficiency, community development programs for refugee community associations, assistance for people to access aged and disability services and family violence counselling.

The key skills required of Directors include:

- Understanding, knowledge of and commitment to the multicultural community of the Eastern Region,
- Demonstrated history of effective management of community or commercial agencies,
- Demonstrated understanding of the differing roles of Directors and executive management,

- Strong links to the Region and community, including an awareness of regional issues.

The MIC has a commitment to gender equity on its Board.

To receive an information package regarding this position please contact Virginie at the MIC on 92854888 or Email [mic@miceastmelb.com.au](mailto:mic@miceastmelb.com.au). For further information about the position please contact Sue Herbst on telephone 92854888.

Applications close Thursday 20<sup>th</sup> October 2016 and interviews for short listed applicants will be held in the morning of 28<sup>th</sup> October at the MIC – Suite 2 27 Bank Street Box Hill.



### **MIC Annual General Meeting 2015/2016**

The Migrant Information Centre (Eastern Melbourne) (MIC) is holding its Annual General Meeting on the 23<sup>rd</sup> November 2016 at 10am to 11.30am in the Boyland Room at the Box Hill Town Hall hub, 27 Bank Street, Box Hill.

The AGM will include presentations from young refugees who participated and featured on the MIC's Youth Videos project sharing their story of settlement through video and entertainment from the students at Blackburn English Language School. Refreshments will also be provided.

To RSVP, please call 9285 4888 or Email [mic@miceastmelb.com.au](mailto:mic@miceastmelb.com.au).



### **Our New MIC Website**

The Migrant Information Centre has worked with Jen & Ben Design to create a new user friendly website that clearly outlines the services we deliver to clients and service providers.

You can access information including demographic data, client statistics, client feedback, publications and research. Brochures can be downloaded from the web and referrals can be made on-line. We will respond to referrals and enquiries within 1 working day.

See our events calendar for information on the wide range of programs we deliver each month. Go to [www.miceastmelb.com.au](http://www.miceastmelb.com.au).



### **MIC Ringwood Office – Open Every Wednesday 9am to 7pm**

The Migrant Information Centre's Ringwood Office at 1-3 Pitt Street, Ringwood is open 9am to 5pm Tuesday to Friday and 5pm to 7pm every Wednesday. A migration agent will be available at the office from 5pm every Wednesday to better service clients who work or study full-time.

For further information or to make an appointment, please call the Ringwood office on phone 9870 1351.



### **Arabic Speaking Women's Social Group**

The Migrant Information Centre has established a social group for Arabic speaking women residing in Manningham who meet at Benevolence House weekly during school terms.

The group has been established to promote social opportunities for mature, isolated women and Arabic speaking women of all faiths are welcome to join the group to meet other Arabic speaking women and enjoy fun activities together.

The group meets during school terms on Tuesdays from 11am to 1pm at Benevolence House, 125 George Street, Doncaster.

For further information please contact Mervat Dahdoule on telephone 9285 4888 or Email [mdahdoule@miceastmelb.com.au](mailto:mdahdoule@miceastmelb.com.au).



### **Chinese Grandparents Playgroups**

The Migrant Information Centre in partnership with Connections is facilitating two playgroups for Chinese grandparents – one in Mitcham and the other in Mount Waverley. The groups provide an opportunity for grandparents and their grandchildren to come together, have fun and learn through play. Snacks are provided and the playgroups are free.

The Mitcham playgroup is held every second Tuesday between 10.45am to 12.15pm at Mitcham Community House, 19 Brunswick Road, Mitcham and the Monash playgroup is held every alternating Tuesday at 10.30am to 12pm at St John's Uniting Church, 37 Virginia Street, Mount Waverley. The next meeting of the Monash group is Tuesday 4<sup>th</sup> October 2016 and the Whitehorse group on Tuesday 11<sup>th</sup> October 2016.

For further information, please contact Amber Huang on phone 9285 4888 or Email [ahuang@miceastmelb.com.au](mailto:ahuang@miceastmelb.com.au).

The playgroups are jointly funded by the City of Whitehorse Community Grants Program, City of Monash Community Grants Program and the Australian Government Department of Social Services. Go to [www.dss.gov.au](http://www.dss.gov.au) for more information.



### **Chinese Seniors Group**

The Migrant Information Centre is offering a meeting place for Mandarin Chinese speaking seniors in the Balwyn North area of Boroondara. Snacks are provided and participation is free.

The group will be held every Wednesday from 5<sup>th</sup> October to 7<sup>th</sup> December 2016 between 10:30am to 12:30pm at Rhema Chinese Christian Church of Melbourne, 172 Doncaster Road, Balwyn North.

For further information, please contact Amber Huang on 9285 4888 or 0435 316 118 or Email [ahuang@miceastmelb.com.au](mailto:ahuang@miceastmelb.com.au).

This program is funded by the City of Boroondara Community Grants Program.



### **Come and Play – Multicultural Playgroups**

The Migrant Information Centre is facilitating three multicultural playgroups. The groups provide an opportunity for parents and carers of pre-school aged children to come together for singing, stories, crafts, dancing, cooking and fun. Snacks are provided and the playgroups are free.

The playgroups are held during school terms at 11.30am to 1.30pm on Mondays at the Maternal & Child Health Centre, Mooroolbark and Fridays at 10.30am to 12pm at Central Ringwood Community Centre, Bedford Park, Ringwood and at 1pm to 2.30pm at Croydon Uniting Church Hall 6 Tallent Street, Croydon.

For further information, please contact Niquita Meyers on phone 9285 4888 or Email [nmeyers@miceastmelb.com.au](mailto:nmeyers@miceastmelb.com.au).

This programme is funded by the Australian Government Department of Social Services. Go to [www.dss.gov.au](http://www.dss.gov.au) for more information.

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### **Community Leaders Network Meeting**

The Migrant Information Centre is facilitating the community leaders network meeting at 6pm to 8pm on Tuesday 4<sup>th</sup> October at the Central Ringwood Community Centre, Room 7, Bedford Road, Ringwood.

The aim of the network is to bring community leaders together to seek their input into future service planning, to inform them of upcoming projects and events and to provide a forum for them to share information about issues impacting on the settlement of their respective members, community events and initiatives being undertaken through their Associations.

Agenda items for the next meeting include the OMAC Strategic Partnership Program, strengthening families programs, settlement activities and Maroondah council festival and arts programs.

For further information, please contact Barb Laug or Judy McDougall on phone 9285 4888 or Email [blaug@miceastmelb.com.au](mailto:blaug@miceastmelb.com.au) or [jmcdougall@miceastmelb.com.au](mailto:jmcdougall@miceastmelb.com.au).

This programme is jointly funded by the OMAC Strategic Partnerships Program and the Australian Government Department of Social Services.  
Go to [www.dss.gov.au](http://www.dss.gov.au) for more information.

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### **Falam Women's Craft Group**

The Migrant Information Centre is facilitating a craft group for women from Falam Chin backgrounds.

Sessions will be held every Saturday until the 22<sup>nd</sup> October 2016 from 1:30pm to 4pm, at Keystone Hall, Civic Square, Croydon.

For further information, please contact Barbara Laug on telephone 9285 4888 or Email [blaug@miceastmelb.com.au](mailto:blaug@miceastmelb.com.au).

This program is funded by the Victorian Government Refugee Action Program.

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### **Falam Swimming Program**

The Migrant Information Centre is facilitating a swimming program for people from Falam Chin backgrounds.

Lessons will be held for children and adults every Monday commencing on the 3<sup>rd</sup> October 2016 to 28<sup>th</sup> November 2016 at 4pm to 6pm, at Aquanation, Civic Square, Croydon.

For further information, please contact Barbara Laug on telephone 9285 4888 or Email [blaug@miceastmelb.com.au](mailto:blaug@miceastmelb.com.au).

This program is funded by the Victorian Government Refugee Action Program.

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### **Information Session for the African Community**

The Migrant Information Centre is facilitating an information session for the African community on diabetes and healthy eating.

The session will be held on Friday 14<sup>th</sup> October from 6pm to 8pm at the Migrant Information Centre, Suite 2, 27 Bank St, Box Hill.

For further information, please contact Saturnino on telephone 9285 4888 or Email [sonyala@miceastmelb.com.au](mailto:sonyala@miceastmelb.com.au).

This programme is funded by the Australian Government Department of Social Services.  
Go to [www.dss.gov.au](http://www.dss.gov.au) for more information.



### **Information Session for the Iranian Community**

The Migrant Information Centre is facilitating an information session on taxation presented by the Australian Tax Office for the Iranian community. The program will cover tax returns, when you need to lodge a return and how to submit them.

The session will be held on Tuesday 11<sup>th</sup> October from 5pm to 7pm at the Migrant Information Centre, Suite 2, 27 Bank St, Box Hill.

For further information, please contact Sarah or Sophie on telephone 9285 4888 or Email [snichols@miceastmelb.com.au](mailto:snichols@miceastmelb.com.au).

This programme is funded by the Australian Government Department of Social Services.  
Go to [www.dss.gov.au](http://www.dss.gov.au) for more information.



### **Information Sessions for the Chinese Community**

The Migrant Information Centre is facilitates information sessions for Chinese groups within the Eastern Region.

Details for upcoming sessions in October are:

- Ringwood Scout Hall at 10:30am to 12pm on 7<sup>th</sup> October 2016 on Centrelink services
- Glen Waverley Community Centre at 1:30pm to 4:30pm on 10<sup>th</sup> October 2016 on After Hours Medical Services and the 14<sup>th</sup> November on Consumer Rights
- Mount Waverley Community Centre at 10:30am to 11:30am on 11<sup>th</sup> October 2016 on Palliative Care
- The Pine Senior Citizens Centre at 11:40am to 12:40pm on 11<sup>th</sup> October 2016 on Palliative Care
- Knox Library at 1pm to 3pm on 17<sup>th</sup> October 2016 on Centrelink services and the 21<sup>st</sup> November on Consumer Rights
- St Peter's Parish of Box Hill at 11am to 12pm on 18<sup>th</sup> October 2016 on Palliative Care
- South Camberwell Gospel Hall at 11:20am to 12:30pm on 20<sup>th</sup> October 2016 on Palliative Care
- Rowville Library at 10:30am to 12:30pm on 27<sup>th</sup> October 2016 on Consumer Rights

For further information, please contact Amber Huang or Stephen Yang on 9285 4888 or Email [ahuang@miceastmelb.com.au](mailto:ahuang@miceastmelb.com.au) or [syang@miceastmelb.com.au](mailto:syang@miceastmelb.com.au)

This programme is funded by the Australian Government Department of Social Services.  
Go to [www.dss.gov.au](http://www.dss.gov.au) for more information.



### **Iranian Parenting Program**

The Migrant Information Centre in partnership with Connections is facilitating a parenting program for Iranian parents of primary school aged parents.

The program will be held weekly at 5pm to 7pm from the 6<sup>th</sup> to 27<sup>th</sup> October 2016 at the Central Ringwood Community Centre, Bedford Road, Ringwood.

For further information please contact Sarah Nichols on 92854888 or mobile 0447 950 125 or Email [snichols@miceastmelb.com.au](mailto:snichols@miceastmelb.com.au).

This programme is jointly funded by the Australian Government Department of Social Services.

Go to [www.dss.gov.au](http://www.dss.gov.au) for more information.



### **Saverplus Program for the Karen Community**

The Migrant Information Centre in partnership with Berry Street is facilitating the Saverplus Program for people from Karen backgrounds.

The program which promotes saving and increases participants understanding of banking in Australia and budgeting will be held at 5pm to 7pm from the 6<sup>th</sup> to 27<sup>th</sup> October and the 3<sup>rd</sup> November at the Ringwood Uniting Church, Corner of Station Street and Greenwood Avenue, Ringwood.

For further information please contact Esera Maung Wednesday to Friday on 9285 4888 or Email [emaung@miceastmelb.com.au](mailto:emaung@miceastmelb.com.au).

This programme is funded by the Australian Government Department of Social Services. Go to [www.dss.gov.au](http://www.dss.gov.au) for more information.



### **MIC Volunteers Wanted**

The MIC is seeking volunteers to assist with a range of programs including the Community Visitors Scheme (CVS) program, homework tutors, mentor drivers, playgroup facilitators, holiday program activities, excursions and assistance for individuals and families.

The Community Visitors Scheme links volunteers to culturally and linguistically diverse (CALD) recipients of Home Care Packages and Australian Government subsidised aged care home residents identified by their aged care provider as being at risk of or experiencing social isolation.

Other opportunities enable volunteers to share their life skills and knowledge to promote the settlement of newly-arrived migrants and refugees including adults, youth and children.

All MIC volunteers have reference checks, Police and Working with Children Checks and training and ongoing support is provided to ensure that the needs of both volunteers and clients are met.

For further information about volunteering opportunities offered at the MIC, please contact Mervat Dahdoule on 9285 4888 or email [mdahdoule@miceastmelb.com.au](mailto:mdahdoule@miceastmelb.com.au).

This programme is funded by the Australian Government Department of Social Services. Go to [www.dss.gov.au](http://www.dss.gov.au) for more information.



### **Youth Video Available on You Tube**

The Migrant Information Centre is excited to launch 4 short videos as the final products of the MIC youth video making project which was funded by Yarra Ranges Council and run in partnership with United Youth Media. Recognition and appreciation is also given to Maroondah City Council for the opportunity to film and use the facilities at Realm throughout the duration of the project.

The videos were developed by 15 young people aged 12-22 years from refugee backgrounds who live, play and/or study in the Shire of Yarra Ranges, sharing challenges commonly faced by young people in the initial months of their settlement in Australia.

The videos developed are hoped to increase feelings of social connectedness among newly arrived young people in their initial months living in the eastern suburbs of Melbourne by providing them with a resource that is easily accessible to them and provides relevant advice and information that is pitched directly to them as developed by their peers who have had similar experiences.

The languages covered in these short films are Karen, Zomi, Hakha Chin, Burmese and Thai. To view the videos go to [https://www.youtube.com/playlist?list=PL\\_bIGSTcCA\\_t9kV0fJGEbNmSFqOYmEBbh](https://www.youtube.com/playlist?list=PL_bIGSTcCA_t9kV0fJGEbNmSFqOYmEBbh).

For further information, please contact MIC Youth Settlement Workers Randika or Jessica on telephone 9285 4888 or Email [rwijekoon@miceastmelb.com.au](mailto:rwijekoon@miceastmelb.com.au) or [JessicaT@miceastmelb.com.au](mailto:JessicaT@miceastmelb.com.au).

This programme is jointly funded by the Australian Government Department of Social Services. Go to [www.dss.gov.au](http://www.dss.gov.au) for more information.



### Training Opportunities

The MIC can offer affordable training to agencies that is tailored to meet the needs of their staff. The MIC has over 17 years' experience in providing services to refugees and migrants and during this time we have delivered high quality training to agencies across the Eastern Region, wider Melbourne, Regional Victoria and Interstate. All MIC training programs are evaluated for continuous improvement.

Training can include:

**Cultural Awareness** that aims to provide staff a better understanding of culture, how it impacts on the beliefs, values and behaviours of both staff and clients and strategies

- **Culturally specific training**, for example, Karen and Chin ethnic groups from Burma, Chinese, Iranian and Muslim to increase understanding of their migration experience, settlement patterns, culture and traditions and issues impacting on their settlement including service gaps and strategies to meet these gaps.
- **Using interpreters and preparing documents for translation.** This training program provides tips and strategies for using interpreters and preparing documents for translation including effective English and communication, how to book interpreters, practical skills in using interpreters and preparing documents for translation.
- **Specialised training that addresses settlement issues and access to specific services**, for example, family violence and CALD communities, early childhood practices, aged and disability care, approaches to mental health and road safety.

If you would like to book training or you would like to discuss the training needs of your staff so they can better meet the needs of CALD communities, please contact Judy McDougall on 9285 4888 or Email [jmcdougall@miceastmelb.com.au](mailto:jmcdougall@miceastmelb.com.au).



### Youth Badminton program at Ringwood Secondary College

The Migrant Information Centre Youth Team in partnership with Badminton Victoria are running a Badminton program for youth at Ringwood Secondary College every Tuesday after school from the 11<sup>th</sup> October 2016 to the 22<sup>nd</sup> November 2016.

For further information, please contact MIC Youth Settlement Worker Jessica on telephone 9285 4888 or Email [JessicaT@miceastmelb.com.au](mailto:JessicaT@miceastmelb.com.au)

This programme is jointly funded by the Australian Government Department of Social Services. Go to [www.dss.gov.au](http://www.dss.gov.au) for more information.



### **Youth Badminton program at Swinburne**

The Migrant Information Centre Youth Team in partnership with Badminton Victoria are running a Badminton program for youth at Croydon Campus of Swinburne TAFE every Wednesday for 5 weeks, starting on Wednesday 12<sup>th</sup> October 2016 and running until 9<sup>th</sup> November 2016.

For further information, please contact MIC Youth Settlement Worker Jessica on telephone 9285 4888 or email [JessicaT@miceastmelb.com.au](mailto:JessicaT@miceastmelb.com.au)

This programme is jointly funded by the Australian Government Department of Social Services. Go to [www.dss.gov.au](http://www.dss.gov.au) for more information.



### **Youth Indoor Soccer Tournament**

The Migrant Information Centre Youth Team anticipate approximately 50 young men to join in an 8 week soccer tournament at Ringwood Action Indoor Sports Centre, commencing on 26<sup>th</sup> October 2016 and finishing on 8<sup>th</sup> December 2016.

For further information, please contact MIC Youth Settlement Workers Randika or Jessica on 9285 4888 or Email [rwijekoon@miceastmelb.com.au](mailto:rwijekoon@miceastmelb.com.au) or [JessicaT@miceastmelb.com.au](mailto:JessicaT@miceastmelb.com.au).

This programme is funded by the Australian Government Department of Social Services. Go to [www.dss.gov.au](http://www.dss.gov.au) for more information.



### **Youth Swimming Program**

The Migrant Information Centre Youth Team in partnership with Life Saving Victoria are offering an opportunity for newly arrived refugee youth who have never had swimming lessons to participate in an 8 week swimming program at Croydon Aqua Hub.

The program will run from Thursday 20<sup>th</sup> October 2016 until Thursday 8<sup>th</sup> December 2016. For further information, please contact MIC Youth Settlement Workers Randika or Jessica on 9285 4888 or Email [rwijekoon@miceastmelb.com.au](mailto:rwijekoon@miceastmelb.com.au) or [JessicaT@miceastmelb.com.au](mailto:JessicaT@miceastmelb.com.au).

This programme is jointly funded by the Australian Government Department of Social Services. Go to [www.dss.gov.au](http://www.dss.gov.au) for more information.



### **Youth Young Men's Program**

The Migrant Information Centre Youth Team conduct a young men's program at Melba College with participants from different backgrounds. The aim of the program is to increase their self-reflection, communication and problem-solving skills.

For further information, please contact MIC Youth Settlement Workers Randika on telephone 9285 4888 or Email [rwijekoon@miceastmelb.com.au](mailto:rwijekoon@miceastmelb.com.au)

This programme is funded by the Australian Government Department of Social Services. Go to [www.dss.gov.au](http://www.dss.gov.au) for more information.

## AGED CARE

### Ageing in Australia

The Ageing in Australia information session is open to anyone interested in learning about aged care and support services. This information session will give you an overview of aged care home services, support available to people who are living with dementia and the rights of people who are using aged care services. It will also provide an overview of where to access information in community languages.

This free event is being organised by Centre for Cultural Diversity in Ageing and Ethnic Communities Council of Victoria (ECCV) as part of the Victorian Seniors Festival 2016. The session will be held at 6.30pm to 8.30pm on Thursday 6<sup>th</sup> October 2016 at CO.AS.IT. Conference Room, 189 Faraday Street, Carlton.

Presenters include: Ekram Awadallah, Manager Aged Care Services, Australian Multicultural Community Services Inc., Claire Emmanuel, Diversity Officer, Alzheimer's Australia Vic, Pauline Meaney, Advocate, Elder Rights Advocacy and Ljubica Petrov, Manager, Centre for Cultural Diversity in Ageing.

For more information: Email: [info@culturaldiversity.com.au](mailto:info@culturaldiversity.com.au) or call 88237979.

## ART SHOW

### “Behind the Multicultural Door” Art Show

The Louise Multicultural Community Centre (LMCC) art show is on display at the All Nations Foyer of the Box Hill Town Hall, 1022 Whitehorse Rd, Box Hill until the 31<sup>st</sup> October 2016. Show your support and enjoy some unique artwork.

For more information, phone 9285 4851 or Email [louisemcc@aanet.com.au](mailto:louisemcc@aanet.com.au).

## CRIME AND SAFETY

### Crime Prevention and Community Safety

Victoria Police have produced a series of factsheets for senior or older Victorians. The “Working with Senior Victorians” flyer is now available in **16 languages** and can be found on our website: [http://www.police.vic.gov.au/content.asp?Document\\_ID=10437](http://www.police.vic.gov.au/content.asp?Document_ID=10437)

The languages available are **English, Arabic, Chinese (Simplified), Chinese (Traditional), Croatian, Dutch, German, Greek, Italian, Macedonian, Maltese, Polish, Russian, Serbian, Turkish and Vietnamese.**

These resources contain relevant information for older Victorians about issues that may affect them, including crime prevention, elder abuse, road safety, personal safety and more.

## ENGLISH CLASSES

### Conversational English Classes for Migrants and Refugees

City Wide Christian Centre are holding free conversational English classes for migrants and refugees. Classes conducted by Certified AMES tutors are held every Wednesday at 9.30am to 11.00am at Unit 8, 1154 Burwood Highway, Ferntree Gully.

For more information or to register please contact City Wide Christian Centre on 9762 1612 or 0458 381 621 or E-mail [admin@citywidecc.org](mailto:admin@citywidecc.org).

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### **Conversation Café at Realm Eastland**

Realm Eastland is hosting an English conversation café fortnightly on level 2, in the REALM building at Eastland. The session provides an opportunity for people to socialize and talk together in English over coffee and a snack which they purchase themselves.

The building is accessible for wheelchairs and prams but childcare facilities are not available. The session is free.

For further information please contact Jenny Detez at the Realm Library on 9800 6430 or Email [jenny.detez@erl.vic.gov.au](mailto:jenny.detez@erl.vic.gov.au).

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### **Migrant English Conversation Classes at Heathmont**

Heathmont Uniting Church is providing free English conversation classes for refugees, asylum seekers and migrants, which a focus on 'everyday' English conversation, pronunciation, listening and some reading and writing.

Classes are held every Monday evening from 7.30pm to 9pm during school terms at the Community Lifestyle Centre, Heathmont Uniting Church, 89 Canterbury Road, Heathmont.

For further information, please contact Sue on 9729 8449 or Marie on 9870 1486 or mobile 0429 294 007.

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### **Salvation Army Pronunciation Classes**

The Salvation Army Camberwell is providing English pronunciation classes for people from non-English speaking backgrounds.

Classes are held at 10am to 12 noon every Friday Camberwell Salvation Army, 7 Bowen Street Camberwell. All are welcome.

For further information please contact Norman Gale on telephone 9889 2468 or Email [norman.gale@aus.salvationarmy.org](mailto:norman.gale@aus.salvationarmy.org).

## **FAMILY VIOLENCE**

### **Prevention of Violence Against Women Forum**

Monash Council, in collaboration with the Monash Multicultural Settlement Services Network, invites you to a free community forum about the Prevention of Violence Against Women. Guest speakers from Women's Health East, Link Health and Community, and Victoria Police will discuss how to prevent violence against women and family violence, resources available for those experiencing violence, and how the law may assist them.

The forum will be held on Wednesday 12<sup>th</sup> October, 2pm to 4pm at the Clayton Community Centre Theatrette, 9-15 Cooke Street, Clayton. The forum is a free event and anyone from the community can attend.

For further information or to RSVP, please call Monash Customer Services by Friday 7<sup>th</sup> October on 9518 3555 or Email [amarah@monash.vic.gov.au](mailto:amarah@monash.vic.gov.au).

# HEALTH

## Women's Health Resources

The Centre for Culture, Ethnicity and Health has provided a range of women's health resources translated in many different languages. Women from CALD backgrounds may face additional practical and social barriers, such as transport, childcare, stigma and shame associated with some conditions which can prevent them from accessing information or support.

Topics covered include contraception for women, breast and cervical cancer, pregnancy, and sexually transmitted diseases. All resources are hosted on the [Health Translations Directory](#) - a portal which provides access to more than 10,000 translated health resources in over 90 languages. Translated women's health resources can be found at [http://www.healthtranslations.vic.gov.au/bhcv2/bhcht.nsf/PresentEnglishResource?Open&x=&s=Women%27s\\_Health](http://www.healthtranslations.vic.gov.au/bhcv2/bhcht.nsf/PresentEnglishResource?Open&x=&s=Women%27s_Health).

# MENTAL HEALTH

## 'Making a Complaint' Information Sheet in 16 Different Languages

The Mental Health Complaints Commissioner's (MHCC) *Making a complaint* information sheet is now available in 16 different languages, including Amharic, Arabic, Chinese simplified and traditional, Croatian, Dari, Vietnamese, Croatian, Dari, English, Greek, Italian, Macedonian, Persian, Serbian, Sinhalese, Spanish, Turkish and Vietnamese.

The translated information sheets will inform consumers and carers from culturally and linguistically diverse communities about their right to make a complaint, in line with the Mental Health Act 2014.

Organisations can download and print copies on-line. For more information, contact [info@mhcc.vic.gov.au](mailto:info@mhcc.vic.gov.au).

# RECRUITMENT

## Knox Multicultural Advisory Committee

Knox City Council is currently seeking nominations to join the Knox Multicultural Advisory Committee from February 2017 to February 2019.

Nominations which opened on Wednesday 14<sup>th</sup> September will close at 5pm on Wednesday 12<sup>th</sup> October 2016. Information is available in Arabic, Chinese, Greek, Italian and Sinhalese.

For further information or to apply, please visit <https://www.knox.vic.gov.au/kmac> or contact Joan Pepi, Multicultural Communities Officer on telephone 9298 8000 or Email [Joan.Pepi@knox.vic.gov.au](mailto:Joan.Pepi@knox.vic.gov.au)



## Translated Police Recruitment Brochures

Victoria Police Recruitment brochures are now available in 26 community languages.

The languages available are: *English, Amharic, Burmese, Chinese (Simplified), Chin-Hakha, Dari, Dinka, Farsi, Hindi, Indonesian, Juba-Arabic, Karen, Korean, Nuer, Oromo, Pashto, Punjabi, Sinhalese, Somali, Swahili, Tamil, Thai, Tigrinya, Turkish, Urdu and Vietnamese.*

The brochures outline the role police play in the community and the process of becoming a Police Officer.

Translated brochures can be found at [www.policecareer.vic.gov.au/police](http://www.policecareer.vic.gov.au/police).

## SETTLEMENT INFORMATION

### Beginning a Life in Australia Booklet

The Beginning a Life in Australia booklet (BaLIA), published by the Department of Social Services, provides helpful settlement information and links to other websites and resources for newly arrived migrants, humanitarian entrants, and their sponsors and service providers.

The booklet has been updated and is available at <https://www.dss.gov.au/our-responsibilities/settlement-services/beginning-a-life-in-australia>.

BaLIA is published online, not in hardcopy form; however the booklet may be downloaded and printed from the website. It is best viewed on a computer or other device, as it contains many web links to specific sites and information.

The booklet will be translated into 39 community languages and translations will be added to the web page as they are finalized. Languages currently available are English, Arabic, French, Indonesian, Korean, Persian/Farsi and Turkish.

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