

We can help you to access a range of services that meet your needs and your children's needs

We can help you access...

- Emergency housing services
- Trauma counselling for yourself and your children
- Migration advice
- Centrelink
- Family support
- Childcare
- Education and training options
- English classes
- Employment
- Health services
- Schools and kindergartens
- Playgroups & homework support programs
- Social & recreational opportunities
- Leadership development

MIGRANT INFORMATION CENTRE
eastern melbourne



A.B.N. 27 084 251 669

For further information or to access our services please contact:
**Migrant Information Centre
(Eastern Melbourne)**

Box Hill Office

Suite 2, Town Hall Hub
27 Bank Street, Box Hill 3128
Phone: 9285 4888

Ringwood Office

18 Bond Street
Ringwood 3134
Phone: 9870 1351

Open 9am to 5pm Monday to Friday

Fax: 9285 4882

Email: mic@miceastmelb.com.au

www.miceastmelb.com.au



The MIC acknowledges the traditional owners and custodians of the land in which we work, the Wurundjeri people of the Kulin Nation. We pay our respects to their Elders past, present and emerging.

MIC values and includes people of all backgrounds, genders, sexualities, cultures, bodies and abilities.



Migrant Information Centre (Eastern Melbourne)

***Counselling and Support
Groups for Women and
Children from Culturally and
Linguistically Diverse
Backgrounds***

Our services are free and confidential

If our staff do not speak your language we will always use an interpreter



Family Violence Support Services are supported by the Victorian Government



Talking Can Help

Talking about problems with our professional staff can help

We will help you to:

- identify your goals, build on your strengths and understand the choices that are available to you
- understand Family Law in Australia and the services that are available to support you and your children.

We can meet in a place where you feel safe and we will protect your privacy.

If required, we can assist you to access other services, including going with you to your first appointment if you need our support.

Women's Support Groups

The MIC holds support groups for women so they can better understand Australian Family Law and the impact of family violence on themselves and their children.

Our groups are designed to increase your knowledge and self-esteem, and provide life skills in a supportive and respectful environment.



We can support you and your children if you:

Have experienced, are experiencing or you are at risk of experiencing family violence

AND

Are a woman from a culturally and linguistically diverse background

AND

Live in the Eastern Region of Melbourne (Boroondara, Knox, Manningham, Maroondah, Monash, Whitehorse or Yarra Ranges)

Protecting Your Privacy

We take your privacy seriously, and manage any information we collect about your family in accordance with current legislation.

We are committed to providing you a safe environment. Your information will be treated confidentially, unless there is a reasonable belief that there is risk of harm to yourself or others. In such cases appropriate authorities will be notified.

We will seek your consent to share information with other agencies.

You have the right to access your personal information and you can ask to review your file.

We will seek your feedback on your experience at the MIC so we can continue to improve our services.

Respectful Relationships Programs

Settling in a new country can be stressful particularly for refugee families who have experienced trauma. The new culture can be very different from countries of origin which can impact on the traditional roles of men, women and children.

The MIC offers programs to promote Respectful Relationships in Australia for newly arrived refugee families.

These include:

♦ **The Family Relationships Program**

A program for men and women that challenges cultural values and attitudes towards family issues, builds respectful relationships, introduces the concept of gender equality, enhances self-esteem and teaches conflict resolution without family violence

♦ **Respectful Relationships for Youth**

A program for newly arrived refugee youth to increase their knowledge of respectful relationships and challenge traditional beliefs about the roles of men and women that reinforce gender inequality, male domination and violence against women.

