

SUPPORT YOUNGER PEOPLE WITH A DISABILITY



The Migrant Information Centre (Eastern Melbourne) is seeking volunteers to assist younger people with a disability to enjoy everyday activities. The purpose of the program is to assist individuals with and their carers to:

- Participate in everyday activities
- Maintain or rebuild confidence
- Improve social connectedness and emotional wellbeing
- Stay active and healthy

Volunteers can help with:

- Offering companionship and social interaction – indoors/outdoors
- Accompanying client/carer to social activities – e.g. assisting in crafts, gardening, cooking, reading and/or homework
- Coaching clients living skills such as using public transport
- Providing remote support via telephone/videoconferencing/social media apps during COVID-19 restrictions

For more information about volunteer positions contact:

Geraldine Jeremiah on (03) 9275 6907/0416862620 or

Email geraldinej@miceastmelb.com.au

Make new friends

Learn more about disability

Apply your knowledge to gain experience

Gain new skills and knowledge