

Hungarian Cultural Profile

PLEASE NOTE: This profile provides an overview of some of the cultural information relating to the diverse groups of Hungarians who live in the Eastern Region of Melbourne. This description may not apply to all people as individual experiences may vary. However this profile can be used as a guide to some of the issues that may concern your clients. This is an update of the profile in the Home and Personal Care Kit developed by the MIC in 2004.

Introduction:

- 83.2% of Hungary-born persons in Victoria arrived in Australia prior to 1986.
- There has been a decline in Hungary-born persons over the last decade due to the ageing of earlier migrants, the re-emigration of some Hungarians to other countries, and the lack of new arrivals (VMC 2013).

Migration:

- The older population of Hungarians immigrated to Australia post World War II as refugees under the Displaced Persons Scheme. The majority of them were male professionals aged between 20 to 29 years, many married Australian-born women.
- The second largest wave of Hungarian refugees arrived in 1956, escaping political turmoil in their home country.
- Hungarians also migrated to Australia from other countries including Romania, Yugoslavia and Czechoslovakia.

Local Demographics: Hungary-born residents in the Eastern Region

Local Government Area	Total Hungary-born Population	65-69 years	70-74 years	75-79 years	80 years and over	Total number of Hungary-born people aged 65 and over	People aged 65+ as a % of the Hungary-born population
City of Boroondara	165	17	32	21	56	126	76%
City of Knox	238	33	24	48	77	182	76%
City of Manningham	97	7	10	23	34	74	76%
City of Maroondah	200	23	35	39	79	176	38%
City of Monash	94	13	15	18	19	65	69%
City of Whitehorse	174	14	33	43	68	158	90%
Shire of Yarra Ranges	104	16	16	17	22	71	65%
Eastern Region	1,074	120	164	210	377	871	81%

(ABS Census 2016)

- There were 4,984 Hungary-born persons in Victoria at the last census in 2016, decreasing from 5,566 persons in 2011. This currently sits as 27.8% of Australia's total (Multicultural Affairs and Social Cohesion Division 2016).
- The median age of the Hungary-born population is 69 years compared to 37 years for the total Victorian population (Multicultural Affairs and Social Cohesion Division 2016).

Language: Hungarian-speaking people in the Eastern Region

Local Government Area	Total number of people speaking Hungarian at home	65-69 years	70-74 years	75-79 years	80 years and over	Total number of Hungarian speaking people aged 65 and over	Hungarian speaking people aged 65+ as a % of the Hungarian speaking population
City of Boroondara	95	8	22	14	48	92	96%
City of Knox	217	33	31	43	108	215	97%
City of Manningham	57	8	5	14	27	54	96%
City of Maroondah	56	7	5	17	22	41	73%
City of Monash	154	30	31	37	58	153	99%
City of Whitehorse	119	9	13	34	56	112	94%
Shire of Yarra Ranges	50	12	10	12	20	45	90%
Eastern Region	750	112	124	174	345	745	99%

(ABS Census 2016)

- The main language spoken by Hungarians in Australia is Hungarian.
- Some older Hungarians may also speak German.
- 6.4% of the Hungary-born population in Victoria identified as speaking English 'not-well' and 0.7% spoke English 'not at all' (ABS Census 2016).
- 35% of the Hungary-born population in Victoria assessed themselves as speaking English 'very well' and 21.7% as 'well' (ABS Census 2016).
- As individuals age, conditions such as dementia can contribute to a loss of English language and a reversion to the first language.

Religion:

- Roman Catholicism is the primary religion for Hungary-born people with 2,600 (52.2%) Hungary-born are catholic followers at the last census (ABS Census 2016).
- Other larger represented religions affiliations among Hungary-born include Judaism (7.2%) and Presbyterian/Reform (6.3%) (Multicultural Affairs and Social Cohesion Division 2016).

Attitudes and Issues with Ageing:

- Hungarians like to stay in their own home for as long as possible.
- Traditionally in Hungary the younger generation are expected to take care of elderly parents at home. However, in Australia, the Hungary-born population generally accepts placing elderly parents in nursing homes and other aged care facilities.

Attitudes to Disability and Mental Illness:

- Mental illness is generally stigmatised within the Hungary-born community.
- In Hungary, people with a mental illness or a disability are often institutionalised.

Customs / Values:

- The conventional family structure in Australia is the nuclear family. Traditionally the extended family was very important to Hungary-born people.
- Hungarian people believe it is important for relatives to be with a person who is dying.
- Hungarian Catholics believe it is important to have a Priest present when a person is dying.

Communication Styles:

- Hungarians have an expressive communication style.
- Hungary-born people value eye contact.
- Handshaking is generally acceptable.

Naming Conventions:

- Older Hungary-born people prefer to be addressed using their title. For example, Dr, Mr and Mrs.

Health Beliefs and Practices:

- Hungary-born people highly respect health professionals.
- A western model of health is generally accepted and well understood.
- Some Hungary-born people may not consider treatment complete without medication.

Greetings:

English Greeting	Hungarian	Closest English Pronunciation
Good Day	jó napot	YO-NA-POT
Good Morning	jó reggelt	YO-REG-GELT
Good Evening	jó estét	YO-ESH-TET
Goodbye	isten veled	ISHTEN-VALAD
Yes	igen	EE-GEN
No	nem	NEM
Thankyou	köszönöm	KUR-SUR-NURM

Key Hungarian Festivals / Significant Dates:

- Anniversary of the Revolution *23rd of October*
- Proclamation of the Republic / Martyr's Day *15th of March*
- Foundation Day / St Stephen's Day *20th of August*

* For other significant dates related to religious observances, refer to the Christian and Jewish religious profiles.

Local services and activities useful for Hungary-born residents in the Eastern Region

Settlement Services

Provide information, referral and casework for refugees and family migrants who arrived in the last five years.

Name	Address	Contact
Migrant Information Centre (Eastern Melbourne)	Suite 2, Town Hall Hub, 27 Bank Street, Box Hill, Vic 3128 <u>and</u> 18 Bond Street, Ringwood Vic 3134	Ph: 9285 4888 (Box Hill) 9870 1351 (Ringwood)

Aged Care & Disability Support Services

Arpad Aged Care Facility

Address: 9 Garrisson Grove, Wantirna, 3152

Ph: 9801 0855

Website: <http://www.arpadhomecare.com.au/>

Email: arpad@arpadagedcare.com.au

Arpad was established in 1994 to meet the needs of the older Hungarian community. The organisation offers residential accommodation with respite beds as well as independent living units.

Migrant Information Centre Aged & Disability Services

Address: Suite 2, Town Hall Hub, 27 Bank Street, Box Hill, 3128

Ph: 9275 6901

Website: <http://www.miceastmelb.com.au/agedcare.htm>

The Access & Support Program provides short term support to help people access aged care and other services so they can stay living at home independently. The Program provides information, referral, support and monitoring. The aged and disability team generally aims to increase access to aged care and disability services for CALD communities in the EMR through working with CALD communities to promote those services, provide information and referral and supporting organisations to provide culturally appropriate care. The team also receives funding for specific projects in this area.

Senior Citizens Groups

For more information please contact local councils or the Migrant Information Centre (Eastern Melbourne) on 9275 6905.

Name of the Club	LGA	Venue
Knox Hungarian Senior Citizens' Club Inc.	Knox	Hungarian Community Centre 760 Boronia Rd Wantirna South 3152 Ph: 9580 6210
Nunawading Hungarian Senior Citizens' Club Inc.	Whitehorse	Burwood East Hall 298-336 Burwood Hwy Burwood East 3151

Other Support Services

Hungarian Community Centre, Melbourne

Address: 760 Boronia Road, Wantirna, 3152

Ph: 9801 6408

Website: <http://www.hungariancentre.org.au/>

The Hungarian Community Centre is a not for profit organisation providing a base for organisations and individuals to maintain their national inheritance and culture. It also endeavours to pass on the culture to future generations.

Hungarian Embroiderers Circle

Address: 760 Boronia Road, Wantirna, 3152

Ph: 9874 5242

Working together to maintain the beautiful traditional embroideries and pass the skills on to younger generations. The group promotes this Hungarian art form of needlework to the wider community through demonstrations and displays.

Hungarian Literary and Cultural Society

Ph: 0422 524 206

The aim of the Society is to nurture the Hungarian language and traditions through literature and culture within a historical perspective. Endeavour to expand the good working relationship between Australian and Hungarian communities.

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