



Individual Social Support



- ✓ Friendly home visits
- ✓ Telephone and web-based check-in
- ✓ Digital education and support
- ✓ Accompanied activities such as accompanied shopping, assisting with bill paying, attending appointments and participating in community activities



MIC provides one-to-one social support for frail and socially isolated elderly from culturally and linguistically diverse backgrounds who live in Melbourne's eastern region and have My Aged Care approvals for Individual Social Support. The service helps you stay connected with your community, reduce social isolation, support your health and wellbeing, and provide a short break for carers. For more information or to check your eligibility, please contact (03) 7049 1603.